

"Fail to Fail, Fail to Succeed"

Rowena Birch MBA

Olympian European Champion 1994

gold@rowenabirch.com

rowenabirch.com







Results

Techniques

Qualities –

Motivation Confidence Resilience

Confidence

From past experiences

Perceived difficulty

Effort expended

Amount of guidance given

Perception of acquired versus inherent ability

Pattern of successes and failures











Any Questions?

contact: gold@rowenabirch.com

website: rowenabirch.com

