



One of The Institute's **worksheets** series, to help you improve your leadership skills and capability, making you a better leader

Choosing the most appropriate style requires honest reflection and self-awareness. A leader's chosen style should play to their strengths, be good in most situations, and give the leader the greatest self-confidence in their role. This worksheet is based on the Spotlight 'Leadership Styles.'

You should take approximately **two hours** to complete this worksheet and read the accompanying Spotlight

What is Your Style(s)?

Most leaders utilise a combination of styles. From the nine styles listed in the Spotlight, which four of the styles would you most like to display?

Preferred leadership styles

Developing Your style

When you first became a leader what was your default style, and how did it impact on your work and the performance of your staff?

Default style:	
Advantages of the style and example(s)	Disadvantages of the style and example(s)
How would you describe your style now? And if it has changed, can you identify when and why?	



Worksheet

Self-Awareness: Leadership Styles

The Right Style for the Right Time

Which leadership styles are most appropriate in the following situations?

Crisis situation

Style(s) required?

Why?

Strategy development

Style(s) required?

Why?

Establishing a new project

Style(s) required?

Why?

Displaying Your Leadership Style

Most leaders vary their style to be appropriate for the people they are working with and the situation they are in. How do you think your management style is seen by the following, and what would they think of that?

Your manager?

Your fellow leaders?

Your staff?

If you had to explain the concept of 'leadership style' in 20 words or fewer, how would you do it?

All references are cited in The Institute of Leadership (2018) 'Spotlight on Leadership Styles'

Authenticity - Self-Awareness - Leadership Styles

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